# Parish of Newmarket on Fergus - Carrigerry - The Wells

Parish Office: Monday to Friday 10.00am - 1.00pm. Tel: 061 - 368127

email: office@newmarketonfergusparish.ie

Parish Team

Fr. Tom Fitzpatrick: Tel: 700883 / 087 2720187

Canon Reuben Butler: Tel: 368433 Mary Power: **Parish Secretary**  26th Sun in Ord Time 25th Sept 2016

Sacristans

Bridget O' Halloran: Newmarket Mary Barron: The Wells Bernadette Glynn: Carrigerry

Newmarket

Mary Ryan, Mooghaun. 1st anniversary Sat 24th 7.30pm

Mrs Anna and Kevin O'Neill, their sons Patrick, Don, Mike & Kay and Claire their

granddaughter, who died recently in the UK

Sun 25th 11.00am **Sunday Mass** Daily Mass Mon 26th 10.00am Tue 27th 10.00am Daily Mass

> Special Mass for a Touring Group 2.30pm

Wed 28th 10.00am Daily Mass Thur 29th 10.00am Daily Mass Fri 30th 10.00am Daily Mass

Edward McCoy, Clarecastle. 7.30pm

Sat 1st 7.30pm Weekend Mass Sun 2nd 11.00am **Sunday Mass** 

Wells

Sat 24th 6.30pm John O'Brien, Drumline

Sun 25th 10.00am **Sunday Mass** 

6.30pm Malachy Darcy, Low Road 1st

Ann Liddane, Low Road, Month's Mind Sun 2nd 10.00am

Carrigerry

Sun 25th 9.00am **Sunday Mass** Sun 2nd 9.00am **Sunday Mass** 



Pray for the happy repose of the soul of

Jacqueline Reid, Ballycar Mary Lynch, nee Conroy, late of Rathfolan

May they rest in peace.



### A prayer for our Bishop Elect

Eternal God, Shepherd and Guide, may Fintan who will serve your Church be a shepherd after your own heart, who will walk in your ways and with loving care, watch over your people.

May he be a leader of vision and a teacher of your truth. So may your name be glorified and your Church built up through Christ our Lord. Amen.

the upstairs meeting room in Newmarket Church

Abundance Prayer Group

Bank Holidays at 7.00pm in

Meet each Monday except

Last week's Church Collection €1543.75 Benevolent Fund €338.20 Thank You

## Priests' Autumn Collection will be taken up next weekend 1st /2nd Oct

Justice and Peace Committee Talks: September 29th - Ennis Pastoral Centre - 8p.m. talk by Sr. Sheila Curran, "Biblical sources of Justice" October 29th: S.M.A. Justice and Peace Group Training Day-Ennis Pastoral Centre, October 29th, 10-2p.m.

Parish Walk: Kilconry Graveyard. A 1930s sketch thought to belong to Patrick John O'Donoghue provides interesting information. Depart the Fair Green @ 11am Thursday 29th September. All Welcome

#### **Fatima Hour**

Saturday 1st October is the first Saturday in the month and the Rosary will be recited continually from 2-3pm. Your company would be very welcome even if for one decade.

Newsletter items to Parish Office @ 061 - 368127 or email office@newmarketonfergusparish.ie Deadline is 11.00am on Thursday

#### **GAA NEWS**

Lotto: Neither of our Lotto Jackpots were won at Monday night's draw in The Pub. 3, 5, 29 & 33 were the numbers pulled out in the main jackpot worth €10,000 while 3, 6, 19 & 27 were the all-importantnumbers in the draw for €2,750. Eileen Murphy, Saoirse Reidy, Brian O'Mara, Tess Maguire & Amy Considine are €40 richer having been selected as this week's winners. The Sports Bar hosts our next draw where €10,000 and €2,900 wll be on offer. Thanks for your continued support of our Lotto.

Juniors In County Final: Our Junior B Hurlers had a comfortable 3-15 1-05 win over Clooney/Quin to advance to the Junior B Championship Final. Standing in our way of claiming a County title are the men from Wolfe Tones. Sixmilebridge hosts the clash on Saturday October 1st. It will be a double header as Wolfe Tones and Parteen face off in a Clare Cup playoff, while two teams from the Shannon club will be in action at the one venue we are determined not to be outnumbered and so we are asking for our Blues to come out in force for this game.

Seniors Must Do Battle Again: There was no separating Newmarket and Kilmaley in the Relegation Final of the Clare SHC last weekend. Our lads did us proud putting in a very spirited performance. We had a massive Blues support on the day, young and old, male and female were behind the Blues and we will need an even bigger crowd to get behind the lads for the replay.

<u>Semi-Final Looms For U13s:</u> Well done to our U13 Hurlers who qualified for the last four of the B competition. A 4-12 1-05 win over Wolfe Tones sealed their place in the semi-finals.

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Ballycar National School became the latest school in the country to be presented with the Healthy Ireland - 'Health Promoting Schools' Flag'. The Healthy Ireland-Health Promoting Schools' (HPS) Flag' is presented by the HSE to schools as an acknowledgement of their work in improving the health of their school communities. The Healthy Ireland-Health Promoting Schools programme supports schools to focus on health and wellbeing and involves all members of the school community. Students, staff, parents and guardians are consulted to identify priority health areas. Over a period of around 2 school years schools develop an action plan to address the health areas identified. Schools are guided to address their priority area under the following evidence based categories: environment (social and physical) curriculum, policies and partnerships. Schools work, at their own pace, supported by the HSE Health Promotion & Improvement Dept. In each school, a Healthy Ireland-Health Promoting Schools coordinator and Healthy Ireland-Health Promoting Schools team lead out on the progression of health and wellbeing and this work is supported by the school principal, board of management and wider school community.

European research has shown many benefits of this type of whole school approach to health. Chief among these benefits are increased self-esteem, safer and cleaner school environments, lowered incidences of bullying, a positive approach to health issues, increased parent involvement and better student/teacher relationships to name a few.

In Ballycar National School some of the many health initiatives chosen to take on board in order to progress as a Healthy Ireland - Health Promoting School include: Health Promoting Schools Week, Watch Your Back with Wally, Active Morning Activities, The Lunchbox Challenge, Active Schools Week and exposure to a variety of different forms of movement eg. Tai Bo, Tai Chi, Hip-Hop, Aerobics.

## Kilconry Cemetery Group Meeting on Wednesday 28th September @ 8pm in Carrigerry House.

#### Upcoming Activities at The Health and Wellness Centre, Carrigoran House

**1. Community Acupuncture Clinic** in conjunction with Kirstie Haverty Lic Ac., A.C.I., Postgrad. Cert. Tuina / Tuesday 27 September 4-5pm / Booking Essential- Numbers limited per session / Cost per treatment €25, payable at time of treatment

Additional Clinics may be added if sufficient demand Please free to call 087 686 8471 or 061 476434 for further information and to book your place. Information Sheet: NADA Protocol - Treatment is given in a quiet group setting / Minimal consultation necessary / Duration of treatment 30-40 minutes / Safe and simple to administer / Insertion of extremely fine, single use only, sterile stainless steel needles in the outer ear. / Beneficial in the treatment of Stress Management, Anxiety, Sleep Disorders and Addictive tendencies / Aim and Benefit of Treatment: Marked relaxation, a clearer mind and a feeling of general wellbeing

**2. Pilates classes** resume in on Monday,3rd October @8pm and Bunratty Castle Hotel on Thursday 6th October, Intermediate class 6pm, Beginners class, 7pm. Both venues: - 6 week course. Mats provided. Contact Mary Donlon 087 281 8408 or pm Facebook; Mary Donlon Pilates.

Mary Meade wishes to thank everyone Who supported her coffee morning in aid of the Cahercalla Hospice on the 15th Sept! €765 raised!

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Thank you to everyone who supported the recent Hospice Coffee morning in Scoil na Maighdine Mhuire. €528.11 was aised for Cahercalla hospice. A special word of thanks to everyone who donated baked goods including Cafe Fergus, Dromoland Castle and the wonderful parents and staff of the school.

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Clare Bus would like to thank everyone who contributed to our recent Churchgate Collection in Newmarket on Fergus and Carrigerry, your generosity is very much appreciated. A sincere Thank You also to our collectors for their time and assistance. All donations are gratefully received and go towards retaining existing essential services. Mon-Fri inc, return Newmarket on Fergus to Ennis/Clarecastle/Shannon service. Clare Bus - your local bus service, open to the entire community. Connecting people to local services, shopping, work and Bus Eireann/Iarnrod Eireann services. Call 061 924 375 or text 086 8188 182 with your travel queries and we will call you back.

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Reflexology available at discounted rate at the Family Centre Obair on Thursday Evenings / 6-9pm / by appointment / Contact Clodagh on 087 4017146 for more information

#### Clare Parkinson's Support Group

Clare Parkinson's Support Group monthly meeting will take place at Carrigoran Health & Wellness Centre, Newmarket-on-Fergus at 10.00 am on Friday 30<sup>th</sup> September. These informal get-togethers provide a chance for people to talk, discuss worries or experiences and normally include a presentation by a guest speaker, such as a healthcare professional or complementary therapist. Activities that assist people living with Parkinson's such as Yoga, Dance, Occupational Therapy or Tai Chi generally form part of these sessions - and there is the social aspect with time to enjoy a coffee or tea and a scone! All are Welcome For further information contact 087 415 8430

Need help moving to employment or further education? Clare Youth Service are running a 3 month programme for people living in County Clare who are between 18-24 years that would like one to one sessions; CV and further workshops/training to reach their goals. For info please contact Emily Casey at Clare Youth Service 089-4621526 or 065-6845350 (Ext. 225) or email: <a href="YEI@clareyouthservice.org">YEI@clareyouthservice.org</a>

Local Undertaker, Cyril Cusack, has reported that many families are opting for cremation when planning funerals. Cyril, has been a Funeral Director since late last year and has experience of all aspects of funeral requirements. Cyril has overseen cremations in Cork and Dublin. He points out that a crematorium planned for Shannon will save families from the Mid West having to travel long distances at times of great stress.

Cyril has reached an arrangement with the Community Centre Committee to use the old hall as a funeral home, when required.

Youth 2000 invites all **young adults** between ages of 16-35 to a Catholic weekend retreat taking place from the 7th-9th October 2016 in De La Salle College, Newtown, Waterford. This will be a very exciting weekend. / **What to expect?** Good craic!, Excellent Speakers, Inspiring talks and workshops, prayer, great music, group activities, Youth Masses, Adoration, a Healing Service, games, lots of time to chill out and meet new people. For more details and to register online see <a href="https://www.youth2000.ie">www.youth2000.ie</a> / The weekend is being organised by young people for young people. Parental consent is essential for all those under 18. All meals are provided for and accommodation is on site! **Don't let money be an obstacle**; just bring any donation and a sleeping bag. **Newcomers very welcome!**